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October 7, 2005

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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statement on our supplements Fish, Flax and Borage Oils under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Giant Eagle, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life Fitness, Life's Finest, Major Pharmaceutical, Met-Rx, Natural Wealth, Naturalist, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, Radiance, Rexall, Spring Valley, Sundown, US Nutrition, Vitamin Depot, Vitamin World, and WORLDWIDE Sport Nutrition:

Ingredients: Vitamin E, Flaxseed Oil, Borage Oil, Fish Oil, Alpha Linolenic Acid, Eicosapentaenoic Acid, Docosahexaenoic Acid. Linoleic Acid, Gamma Linolenic Acid. Omega-9 Fatty Acids

• Omega-9 fatty acids are important components of nerve cells.

The above statement is accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely

Angelica S. Vrablic, Ph.D.

Manager, Nutrition Research

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